

## Studying the Prevalence of Parasitic Infections of the Skin and Gills of Rainbow Trout in Fish Farms of Sistan Province

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### ABSTRACT

Parasitic infections in aquatics accounts for an important part of their diseases. To investigate the prevalence of parasitic infections of the skin and gills of rainbow trout in the fish farms of Sistan province, we visited 8 rainbow trout farms and thus, 260 fishes were randomly collected and tested. According to this survey, out of 2080 samples in 8 fish farms, 21 samples contained *Ichthyophthirius* (1%), 673 samples contained *Trichodina* (32.4%), 29 samples contained *Dactylogyrus* (1.39%), 89 samples contained *Gyrodactylus* (4.3%) and 1268 samples (60.9%) were free from parasite. The highest rate of infection was related to the *Trichodina* parasite.

**KEYWORDS:** Rainbow trout, Sistan, Parasite infection

### INTRODUCTION

Development of aquaculture plays a very important role in supplying human food in economy of different countries. One of the conditions for reproduction of aquatics is maintaining hygiene and preventing diseases in them. Fishes constitute a large group of animals and have a high nutritional value and hence, identifying them and assessing their diversity and biology are of great importance. Also, identifying factors that endanger fish life cycle and health are also important. Meanwhile, parasites as a large group of invertebrates are to be considered both in terms of health issues and zoology. Parasites may reduce the growth and lead to mortality, infertility and delayed sexual maturity and often provide grounds for bacterial and viral diseases.

A parasite population includes all members of a species in a particular region. Parasites normally have a high proliferative capacity. If all members of a parasite population can remain in a host, a very dangerous situation will be created. Host and parasite balance has a significant role in net reproduction of a parasite. If the growth of a parasitic population is not prevented like any free-living creature, they will continue to grow exponentially. Iran, due to its geographical location, climatic conditions and different water resources, includes various species of fish, each of which can accommodate a variety of different parasites. This highlights the importance of studying fish parasites. The aim of this study was to determine the prevalence of some common parasites in trout farms in the Sistan region. Parasitic infection in aquatics accounts for an important part of their diseases. Less parasites causes reduced losses incurred during breeding and so, food energy will more be used for fish growth and health care and side costs will be reduced.

### MATERIALS AND METHODS

For research, we visited 8 trout farms and 260 were collected at random for testing. When sampling, to prevent contact with skin and possible damages caused by parasites of fish surface, samples were taken individually using special buckets from the pools. Then, the fish were caught alive in the water and transferred to the pool.

At the first stage, each fish became unconscious with head injury after being caught from the tank. In the laboratory, after registration of fishing location, they were biometered and their information was recorded in a form. Then, the various body parts of fishes were parasitologically investigated. First, the body of fishes were examined for the presence of macroscopic parasites like *Lernae* or leeches. By removal of mucus from different parts of the skin and fins, wet slides were prepared and searched with an optical microscope of  $\times 4$  to  $\times 100$  magnification. To check the gills, macroscopic lesions on gills were investigated by lifting the cap. Then, each of the gill arches were separately cut off and placed on the slides. Then, both its mucosa and crushed parts were investigated under a microscope with magnification of  $\times 4$  to  $\times 100$ . To check the eyes, both eyeballs were taken out and placed on a slide. Then, the eye lenses were removed and by placing another slide on them, their contents were respectively checked under a microscope with low and high magnification. Extensions taken from the skin and gills were placed in the vicinity of fixative solution based on Fernando instruction (26) for 15 minutes. Then, it was rinsed for a few minutes with 70% ethanol containing a few drops of iodine. After that, using Canada glue, they were adhered. The samples were identified using identification keys of Ioam and Daykova (33) and Jalali (7). To fix and detect these parasites, the mature parasite cysts were separated from the infected tissue and placed on the slide. Then, the spores were released by tearing the cysts and were fixed using glycerine-gelatine. According to Lomo

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Arthur (29), an average of 30 spores were measured from the mature cysts separated from the infected tissues. The measured items contained the spore width and length, and length of the polar capsule.

After preparing the wet slide and observing the parasite under a microscope, it was removed with a Pasteur pipette and placed on another slide. Then, the sample was covered by a cover slip and after placing a blotting paper on it, the parasite went under some pressure. In this way, its water was absorbed by the paper and its hooks were opened. Fixing the parasite was performed according to the instructions of Fernando (26) and Gossau (28) using ammonium picrate or glycerine gelatin. For the diagnosis of monogenic parasites to the species level, some of the indicators were measured in the parasites with the use of scaled slides so that from each of the *Dactylogyrus* genera, five fixed samples on the slide were measured. According to Fernando (26), the respective components were measured. Then, according to morphologic, morphometric and morphomeric properties of the parasite, the specimens were detected using identification keys of Gossau (28) and Jalali (7).

## RESULTS

Based on the results of this study, the frequency and percentage of parasites on the skin and gills of rainbow trout in the 8 pools was as below: From a total of 2080 samples in 8 pools, 21 samples contained *Ichthyophthirius* (1%), 673 samples contained *Trichodina* (32.4%), 29 samples contained *Dactylogyrus* (1.39%), 89 samples contained *Gyrodactylus* (4.3 %) and 1268 samples (60.9%) were free of parasites. The highest rate of infection was for the *Trichodin* parasite.

## DISCUSSION AND CONCLUSION

Identifying the monogenic parasites in freshwater fishes of Iran began in 1949. Bykofski (1949) released the first report on Monogeneans of Iran's freshwater fishes and introduced four species of this parasites from the gills of fishes in the Karkheh River. Following that, many researchers introduced nearly one hundred species of Monogeneans of freshwater fishes in Iran - both farmed and wild fishes. In Monogeneans, tendency is more towards special hosts rather than specific organs. *Dactylogyrus Lankorani* was first reported by Molnar and Jalali (1992) from the gills of *Capoeta* fish of Jajrud River. The same species of fish were then reported from Tar Lake, Kor and Tonekabon rivers (35). This parasite is also reported by Mahdipour (2006) from the gills of *Capoeta Aculeata* and *Capoeta Damascina* fishes from Zayandeh Rood River.

Other reports include *Dactylogyrus Lankorani* from the gills of *Capoeta Capoeta Gracilis* and *Capoeta damascina* from the source of Zayandeh Rood River (20) as well as the gills of *Capoeta aculeata* and *Capoeta damascina* from the Behesht Abad river of Chahar Mahal Bakhtiari. First report on *Dactylogyrus Lynostovi* was made by Molnar and Jalali (1992). These researchers first reported the mentioned parasite in the country from the gills of species of *Barbus Polybius*, *Barbus Lasertasyry*, *Barbus Capito* and *Capoeta Gracilis*. About *Dactylogyrus Lankorani*, comparison of the previous results with the present study suggested that this parasite can only be seen in different species of the genus *Capoeta* and owns more hosting features than *Dactylogyrus Lynostovi*, which is seen in different species of the genus *Barbus* and *Capoeta*. *Ichthyophthirius* is proliferated with the development of fish farming industry and increase of density per area unit because of the chance of meeting with new hosts in conditions of intensive fish breeding.

Mokhayar (1980), Jalali (1993), Rohani (1995), Moghinemi (1995), and Molnar (1993) reported *Ichthyophthirius* infection in most freshwater fishes of a large part of the country (15, 6, 5, 4, 1).

In this study, among 2,080 samples taken from 8 rainbow trout farms in the province, 21 samples were infected with *Ichthyophthirius*, and infection level in Sistan was about 1 percent. Mokhayar (1980) reported the *Trichodina Domerguei* species on the skin and gills of sturgeon, carp and herbivorous fishes, especially fish agencies of Sefidrud areas. Niak et al. (1970) also reported a species of this genus on the skin of baby sturgeon. In a research conducted by Moghinemi (1995), the fishes of *Barbus Muge*, *Aspius vorax*, and carp were infected with some species of *Trichodina* (4, 16). Molnar (1990) reported the infection of *Capoeta damascina*, common carp, silver carp, and sickle fish of Zarivar Lake with some species of *Trichodina* (4, 16). It seems that the difference in results can be related to different factors such as weather, environment, and feeding conditions of the fishes. According to the studies conducted in this research, out of 2080 samples, 673 cases were infected with *Trichodina* and the percentage of infection at the regional level was obtained as 32.4 percent. This parasite exclusively lived in the gills of common carp and golden carp, trout; and it is reported from all parts of the world where carp lives. Studies in the Soviet Union and Poland showed that this parasite has a relative resistance to salinity and is sensitive to oxygen deficiency (6 and 16).

Hashem Zadeh et al. (2009), randomly collected and tested 386 rainbow trout with the weights of 250-300 grams from the industrial fish farms of East Azerbaijan province. According to the survey, out of 1930 samples in 5 fish farms, 14 were infected with *Ichthyophthirius* (0.7%), 890 were infected with *Trichodina* (46.1%), 41 were infected with *Dactylogyrus* (2.1%), 111 were infected with *Gyrodactylus* (5.8%), and 874 cases had no parasites (45.3%). The highest rate of infection was related to the parasite *Trichodina* which is consistent with this study (2). *Dactylogyrus extensus* species are separated from the gills of wild common carp and freshwater breeding fishes in most parts of Iran and various water temperatures. This parasite is also reported from the carp fishes of the Caspian Sea (3). A large part of infection of the carps in fish farms of Khuzestan is caused by this species (4, 20). Infection of this kind is also reported in carp fishes of Hamoon pond (16). Saravani et al., (2009), randomly collected 5-10 fishes from 12 fish farms in the Sistan region. Out of 60 trout, 16 carcasses were infected with *Dactylogyrus* (3). According to Bauer (1987), the optimum temperature for the proliferation of this parasite is 17 °C and the temperature between 20 to 25 °C is a limiting factor of its proliferation due to the reduction of dissolved oxygen and reduction of fish eggs. In fact, one reason for the wide spread of this parasite is its relative ability to tolerate adverse conditions; salinity and low temperature conditions are not limiting factors of its spread (20, 4 and 1). It

seems that *Dactylogyrus* species have the ability to adapt to some ecological factors such as salinity, temperature, and water oxygen. Native species in Iran and Palestine are well accustomed to our climate (20). It was found in this study that among 2,080 samples taken from a total of 8 trout farms, only 29 samples were infected with *Dactylogyrus* parasite and according to the statistical results, infection with this parasite in the region was equal to 1.39 percent.

*Dactylogyrus* Derzhavin is a pathogenic species and is considered as a serious threat to salmon and trout fishes. So far, no successful treatment method is proposed to control it. However, anti-worms have been used successfully (15). According to the study, the prevalence of *Gyrodactylus* out of 2080 samples was 89 and based on statistical results, percentage of infection with this parasite in the region was 4.3 percent.

As the survey results showed, the highest prevalence of parasitic infection among fishes was related to *Trichodina* and the lowest prevalence of parasites was related to *Ichthyophthirius*.

Hence, more attention must be paid to these parasites and effective factors in their reduction or increase.

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