

A Questionnaire based on Injuries Gestalt Analysis of ADHD in Children

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ABSTRACT

To get the gestalt therapy based on pathologic analysis which of the affected areas to the field of holistic health is on the way, some questionnaires should be designed. In this paper, based on the gestalt approach or system by means of clinical observation, narrative interviews, clinical interview with the child and family has been done to gather relevant information presented. Interview with qualitative analyzed and outline data collected and coded list of injuries that are common among subjects were derived based on the design of the questionnaire dealt with ten vertices. The purpose of this questionnaire, which has never been done, injuries gestalt analysis of ADHD in children (7-12 years old), which is leading to more effective treatment. This questionnaire can be used as an inexpensive and rapid alternative to existing methods of diagnosis and treatment and based on quantitative data that can be extracted from the questionnaire to study the relationship between variables and assessment of disease.

KEYWORDS: design of questionnaire, gestalt analysis, ADHD, Children

1. INTRODUCTION

Healthy child in the family of God's blessings to parents who may be their vitality and life expectancy But today parents for whatever reason, have faced with some of physical-mental diseases in their children that marital satisfaction was also overshadowed so family that know The value and importance of this blessed does all their efforts to eliminate deficiencies and shortcomings in their child, As provide satisfaction for your life and future generations.

ADHD disorder is the most common nerve- behavioral disorder found in children and adolescents referred to a psychiatric clinic. The prevalence of this disorder that begins in early childhood, estimate up to 12%. Studies indicate that 50 to 60 percent of cases, the symptoms of the disorder continue until adulthood [1]

According to studies conducted, There are Relationship between ADHD symptoms and factors such as problem in family cohesion and How Education children, mothers who are constantly at home, family conflict, separation of parents and their psychiatric disorders [2] So in males, families of low socio-economic Status, urban children and children with mothers with very low or very high qualifications is common than other people [3]. In the study of parent-child interaction has been established that parents of children with ADHD have a lot of commands to control your child's impulsivity. In this disorder, parent-child interactions are affected largely by the ADHD children syndrome. These children often are more disobedient to parents' request and fail at the beginning and pursue activities and soon leave and more will be asked to consider than the not patients children. Such behaviors for parents and caregivers provide real stress [4]. Regarding the attitude of gestalt, one of the areas of trauma is parents of patient child that should help children for effective treatment and avail themselves of damage.

Conditions that parents of ADHD children have to work their assignments, their children displayed less obedience and obedience are difficult to maintain and to other not sick children were more stubborn. However, the parents of ADHD children were provided guidelines and requested more and more negative and less positive interaction of these requests were started by children were answered [5 and 6]. In a study of Byfra & et al, mothers of children with attention deficit (ADD) requesting more and had many conflicts with children. This mothers were answered to their children with more negative affect and more negative requests [7] and This irrational behavior by parents due to lack of systemic or gestalt attitude occurs (such as the role of parents in enhancing and improving disease affects children) And the impression in other family members and others that It is normal behavior for patients with ADHD, helps the child to develop symptoms of the disease.

Parents of children with ADHD is often subjected to ridicule and criticism of people are not aware that this puts at risk more of their mental health [8] and also ridiculed by peers and Schoolmate, one of the channels that can With the right attitude gestalt was against it safe from harm and prevent the strengthening of symptoms.

Three intervention types of behavioral parent training, verbal self-medication in children and drug treatment approaches have been cited as the most important treatments. And although so far by some researchers investigated but, due to the wide variation in results, the limitations of each approach and the sustainability of the changes necessary to identify the most effective treatment for attention deficit-hyperactivity disorder is marked [9].

According to the research literature on the treatment, the majority of treatment approaches based on individual treatment focused on children with ADHD to eliminate symptoms occur. And in some approaches with a focus on the treatment of pediatric patients, a glance at the parent correction functions to improve relations with the child in order to help accelerate the treatment.

The issue raised in this paper is that because a person has the disease pressure, especially child to take a shower health programs pressure alone? Is According to mental-physical condition of the person, especially children, sufficient effectiveness in practice and reality, and the whole family will be satisfied? And if the answer is negative, what better philosophy or model can be alternative approaches to be enough efficiency and effectiveness?

So, on Considered question and received information (according to the study in the next section) From interviews with families and clinical observations of the child patients Which may in some cases have been admitted to a worsening of symptoms, shows The importance and necessity of the model that at least reduce the pressure of care focused on patients, especially children and With arguments based on psychology experts existing theories like Gestalt and implementation of quality provided by respected consultants to can be the sufficient effective in improving the disease and Followed by to prevent another one of its leaves damage to not caused other problems directly or indirectly through relatives such as parents, peers, School environment and etc. If be gestalt or system approach of the disease in the total population, the number of adverse events that emanated from the impulsivity of people who are sick and suffering people in the community is reduced. And mental health, order or security in all areas of society occurs.

Thus, in treatment approach based on gestalt pathologic analysis in order to find out which of the affected areas of holistic to the field is on the therapy way should be designed questionnaire.

Questionnaire tools to extract information that can be indexed and performed the extensive analysis on data. On many measures, the most important source of information is the questionnaire. In Different sciences, design of the questionnaire can to be exploited as a way to quantify information and indicators. Write questions develop a questionnaire takes time and needs Enough Accuracy. in design of the questionnaire should considered many points such as how ask questions, questions Arrangement, select the type of question, avoiding unnecessary information, the characteristics of respondents and etc.

METHODS

In this paper, based on gestalt or system approach by means of clinical observation, narrative interviews and clinical interviews with children and parents, to collect relevant information presented then by depletion qualitative discussion coded topics data and extracted a list of injuries that are common among subjects.

The emergence and development of theory and discourse analysis method was due to some of the weaknesses observed in the paradigm in social research and criticism has been leveled against them. Discourse or discussion Analysis is Recognition the relationship Sentences with each other and looking at the whole thing is a result of this relationship. Based on this definition, in discourse analysis are dealing with factors of outside context including Tissue of situation, cultural, social and etc.[10] That is why this study is Suitable in analyze the gestalt or system damages of ADHD As a general orientation is given to all tissues.

In validity interview will lead to general theory about processes and Schultz this called structures process of person life [11]

The study population consisted of boy children between 7 to 12 years old with ADHD that referred to consultant for treatment and generally did not have enough consent from Current treatment methods. In addition, 30 members of the population who volunteered to participate were selected as sample.

Findings:

After collecting and necessary coding, common injuries based on gestalt approach were as follows:

2.1 Respect leaving patients to friends because of restlessness and not bored to listen to they talk

2.1.1The peer social disconnection of the child because of his restlessness and some discomfort and rapid

2.1.1.1The lack of discipline in the school due to lack of attention to the rules of order

2.1.1.1.1 Negative impact on students in terms of academic, discipline and etc. because of the induction of hyperactivity and chaos.

2.1.1.1.1.1 Weak nerves child Because of excessive hyperactivity and agitation.

2.1.1.1.1.1.1 Undermine self-esteem because of defects attention to environmental stimuli and behavior contrary to their dignity

- 2.1.1.1.1.1.1.1 The negative impact of children on parents in terms of fatigue and get their energy
- 2.1.1.1.1.1.1.1 The family disconnection from child's family for pathological behavioral characteristics of children
- 2.1.1.1.1.1.1.1.1 Humiliation sister-brother pediatric patients reason his speech-behavioral of characteristics
- 2.1.1.1.1.1.1.1.1.1 Appearance of Social abnormal behaviors such as theft, insulting and etc. in the community.

CONCLUSION

In this section we have tried to outline obtained on the basis of the findings based on analysis system or gestalt and with comments of the experts in this area and statistical area designed a questionnaire to gestalt analyze the causes of ADHD in boy children 7-12 years old. Since parents are the best sources of information about the characteristics and behavior of their children, the parents are targeted questionnaire. It consisted of two parts, the first part consists of 22 questions on ten topics mentioned that all the questions are answered surface 6 that evaluates the child's level of disease damage. The second part consists of questions about the characteristics that may be analyzed to understand the factors that contribute to this disease.

The purpose of this questionnaire is gestalt analysis injuries of ADHD in boy children (7-12 years old) which have never been done.

This questionnaire can be used as an inexpensive and rapid diagnostic-therapeutic alternative other.

The advantages of using the questionnaire compared to other methods are as follows:

1. In other diagnostic-treatment methods the presence of the child is necessary for obtaining information those behavioral problems children in counseling or adverse effects of this process on children has been criticized. The questionnaire can be completed through interviews with parents and child behavior is achieved indirectly.
2. This questionnaire will have much less time and cost than existing methods.
3. Using this questionnaire can provide quantitative indicators of child behavior.
4. With regard to the quantitative indicators can be wider analysis of factors affecting the disease presented.

Table 1: Inventory male ADHD children (7 to 12 years old), based on the analysis of injury gestalt

row	Questions	Never	low very	low	average	high	high very
1	To what extent your child jumps between friends talking and talking will stop them?	0	1	2	3	4	5
2	The extent to which children of the same age, your child is leaving and broke up with him?	0	1	2	3	4	5
3	Your child how much physical involvement with their peers does?	0	1	2	3	4	5
4	Your child how to deal insulting their peers?	0	1	2	3	4	5
5	Your child how to make fun of their peers deals?	0	1	2	3	4	5
6	Your child how to respect the discipline at school?	0	1	2	3	4	5
7	Your child how to cause chaos in the school?	0	1	2	3	4	5
8	How your child is doing in school physical conflict?	0	1	2	3	4	5
9	Your child how the school's swearing?	0	1	2	3	4	5
10	Your child how the school deals with ridiculous?	0	1	2	3	4	5
11	Your child how much patience (nerves) is weaker than peers?	0	1	2	3	4	5
12	Your child how peers are less confident in fulfilling work?	0	1	2	3	4	5
13	Your child how to be sexual masturbation?	0	1	2	3	4	5
14	Your child how to conduct fatigue and loss of energy is transferred?	0	1	2	3	4	5
15	Your child how to act or speech to be a disconnect with family and friends?	0	1	2	3	4	5
16	Your child how physical reactions such as breaking, throwing the object and physical encounter with you?	0	1	2	3	4	5
17	Your child how much you pay swearing?	0	1	2	3	4	5
18	You pay your child how to make fun of?	0	1	2	3	4	5
19	The extent to which your child is guilty of theft?	0	1	2	3	4	5
20	The extent to which your child is guilty of harassing phone calls to others?	0	1	2	3	4	5
21	Your child how the inferiority among the siblings?	0	1	2	3	4	5
22	Insulting or mocking your child how to pay your brother or sister?	0	1	2	3	4	5

Age of child? Age of father? Age of mother?
Number of children of family? Is at second child?
Father's education: mother's education:

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