

## Process of Social Legitimacy of Persons with Mental Retardation in Karang Patihan District Balong Ponorogo

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### ABSTRACT

The public perception of persons with mental retardation is that they can interfere with the social interaction in the community. The perception arises because a group of mental retardation in general has difficulty in interacting with others. Karang Patihan village recorded as the highest mental retardation group in the Ponorogo. the purpose of this research was to describe the process of social legitimacy persons with mental retardation in the village of Karang Patihan districts Balong district Ponorogo with some specific aspects such as identifying characteristics of individuals are socially, identifying parenting in the family, identifying social space family, identifying the conditions of the economic status of the family, identifying public support, and identifying the adaptive behavior of persons with mental retardation. Research methods was descriptive qualitative. Determining the location of the research was done purposively and held on 15 January until 17 May 2015. The sample was selected by purposive sampling. Collecting data used interview, observation and documentation as well as secondary data from various sources, based on the data required synergy between persons with mental retardation with various local communities. Aspects learned in supporting the process of social legitimacy with mental retardation: the individual characteristics in giving name, support parenting from both parents, and the implementation of the social functions of the family. Provision of optimal support through a person approach the center with assistance, both material and non-material as well as improving the legality of identity through the application of the rules of religious and social values such as participation in various events are part of a sense of community in accepting the opening of residents with mental retardation. Suggestion of this research is the provision of social support in the form of material aid properly so that the development of self-reliance capability can be awakened every individual. The role of health educator improves the performance of providing health care optimally. Pattern intensive assistance that people receive medical care through the ministry of health centers. Extraordinary Schools for Mental Retardation (SLB) is an educational institution to monitor the condition of people with special needs such as persons with mental retardation.

**KEYWORDS:** social legitimacy process, mental retardation, person

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### INTRODUCTION

Definitively society refers to a collection of human beings, whereas a culture point to a pattern of behavior that is typical of a society [1]. The problems are quite prominent of a group of people is the lack of social interaction, causing a series of problems that are very complex and need special attention. One group of people who is being concerned is the people with mental retardation. Group is mentally retarded in a public perception that they can interfere with the social interaction in a community. These perceptions appear on the surface and thoroughly discussed as a group of mental retardation in general are not a few who have difficulty in interacting with others. Persons with mental retardation also suffered a setback in the process of cognitive ability. The effects resulting from the inability to decrease family welfare meet their needs, it may affect the pattern of his life in society.

Ponorogo is one of the tourist areas in East Java which has a distinctive art reog Ponorogo so that many domestic and foreign tourists visit the district in Ponorogo. However, on the other hand there is one area in Ponorogo in the village of Karang Patihan there are nearly 10% of the population suffering from mental retardation. These conditions give effect to the social interaction in the community, especially in terms of economic and social and cultural life in Ponorogo. Based on preliminary studies that have been conducted in the village of Karang Patihan there are 102 residents who are mentally retarded and 87 are the responsibility of village officials because their families can not afford in a poor state. People in Karang Patihan assume the groups of patients with mental retardation can be a burden on society. Persons with mental retardation indulge freely in the country without direction even got out of the village. Persons with mental retardation have apathy on the environment so getting mistreatment.

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Mental retardation is a state with less intelligence from birth or childhood. Mental retardation is also called oligofrenia (Oligo: less / little; fren: soul) or mental retarded [2]. Individual with mental retardation is usually less mental development as a whole (as in dementia), but what stands out is the far behind intelligence. Mental retardation is a disorder that has been visible since childhood in the form of intellectual and adaptive functioning were significantly below the average [3]. The people who have a concern for persons with mental retardation must have a willingness and ability to be patient introduce and cultivate social interaction. The function of social interaction as a major factor in social life and is the key of all social life, because without social interaction there can be no life together [1]. Social roles encourage social interaction through social media in an effort to meet the needs of public acceptance of groups of persons with mental retardation.

Legitimacy can be considered as the perception or assumption that the actions performed by an entity is an action that is desirable, appropriate or in accordance with a system of norms, values, beliefs and definitions developed socially [4]. Support in the form of social life of society is also part of a sense of community in the village Karang Patihan opening in accepting residents with mental retardation. As a form of behavior that is performed by persons with mental retardation although less fit like a normal person, but open attitude Karang Patihan villagers who accept all of its conditions. The support is to give as a form of acceptance as citizens in the community. Persons with mental retardation are a part of society that needs to get the rights and responsibilities of individuals in Karang Patihan Village community.

## METHODS

This study uses descriptive qualitative research approach. Social situation in this study are all people with mental retardation in the village of coral Patihan. The research was conducted on 15 January 2015 to 17 May 2015 in the village of Karang Patihan, District Balong, Ponorogo. Determination of the sample of respondents is through non-probability sampling approach that is purposive sampling data collection techniques used there are 4 kinds: 1. Depth interviews (depth interview) 2. Participant Observation 3. Documentation 4. Documents.

## RESULTS AND DISCUSSION

### a. Characteristics of the Individuals with Mental Retardation

Name as the user ID influences personal and social life [5]. The provision of the name can be done through cultural and spiritual approach. The process of naming a society is based on the dominant cultural influences Javanese society regardless of their social status. As the process of naming the people who live in the village of Karang Patihan classified as having a name identical to the charge of the local language, not least for people with mental retardation have proper names such as people with normal conditions. The growth process experienced by the retardation effect on the nature of one people with mental retardation is difficult to write his name let alone accept the lessons that are given. The memory of a mentally retarded child is very weak compared to normal children. People with mental retardation have many shortcomings and arbitrary itself [6]. Hence according to [6] education systems can do to the mental retardation that is with the development of psychomotor aspects.

Psychomotor development with coaching behavior with a noble character and the results appear in the form of learning psychomotor skills and abilities of individual acts. Education everywhere is a social institution that serves to prepare its members to become citizens who are skilled and responsible for the establishment and strengthening of social norms and cultural values that apply. Education can be a force for social change are profound because foster creativity learners to develop a renewal or innovation [7].

### b. Parenting Persons with Mental retardation

The characters owned by the parents will determine the attitude or way of doing parenting to children [4]. Parenting is divided into several types, namely parenting democratic, authoritarian, permissive and neglect. Parenting is generally applied to families who have members with mental retardation condition in the village of Karang Patihan that are permissive and democratic. Permissive parenting will produce the characteristics of children aggressive, disobedient, spoiled, less independent, less confident and less socially mature. Democratic parenting will produce independent child characteristics, can control themselves, have good relationships with friends and cooperatively with others. Parenting applied by parents are permissive i.e. to one respondent N .. permissive parenting adopted by the family of N impact on the characteristics of the N spoiled and aggressive if not obey what the desire, do not obey the command of his parents, can not be preparing for what was to become its responsibility, and social interaction in the internal family is not harmonious unlike the case with the conditions of their environment.

Parenting tend to be democratic is also reflected in the respondent's family and parenting that has been given parental B is democratic produce mental retardation characteristics of an independent, self-control in positive activities, have a good and cooperative relationship with a public audience. Various models of parenting

parents involve both parents. The attitude of the mother in parenting is the radiance of love, so the family as the basis for the formation of a child's behavior and experience in socializing children in the community and the environment [8] Treatment of children with disorders of mental conditions needed first and foremost by a mother is the support of her husband. Internal support obtained from family showed significant relationship to the mother while support from friends and others do not show significant effects [9]. Simple learning applied from parenting by cooperation among members of the family in caring for children with mental retardation conditions. [10] As mentioned that by feeling the attention of the mother's husband will give a calming effect, brain activity decreases the workload of the previous section has increased in the face of problems such as anxiety.

#### **c. Social space Families of People with Mental Retardation**

Persons with mental retardation are the target area of research in Karang Patihan, based on the results of field data there are as many as 102 people with mental retardation. The composition reaches a total of 10% of the population in the area. A major role especially of the family is providing a more attention to people with mental retardation. In addition to biological factors that are influenced by gene disruption plural (more than one gene), according to the diagnosis [11] Other factors that influence the occurrence of mental retardation is a condition psychosocial situation as poor home environment. Home environment does not provide intellectual stimulation, neglect, or abuse of the elderly can be a cause or contribute to the development of mental retardation [12] Given the attitude of parents have a strong influence on the level of social skills of children with mental retardation bears comparison to the influence of others. The level of success or failure of a child with mental retardation in development tasks can not be separated from any form of guidance and attention that has been given by the family, especially of the role of both parents. A Person with mental retardation who is still classified as a teenager is Bagas and he is able to interact in social relationships between internal and external family. Interactive and communicative abilities possessed by Bagas come into one characteristic of the possession, i.e. respectful manner with local language skills after participating in the process of learning from SLB (Extraordinary School for Mental Retardation).

#### **d. Family Economic Status of Persons with Mental Retardation**

The condition of a person who was born of a poor family showed prevalence of disability higher [13] A person with the condition of mental retardation have a desire to meet the needs live independent, fulfilling the needs of independently it has the intention to be able to alleviate what is the responsibility of parents, can position themselves like a normal person, have an ability to interact with what is contained in its environment. [4] states that "the socio-economic situation of the family would have a role in the growth and development of the child if it is logically think that the state of the economy is sufficient, material environment faced in the wider family to be able to meet all the needs of life is needed. In general, a large family status of persons with mental retardation is respondents from poor families. This is because almost no people with mental retardation who have large families and flashy as his family served the village staff even government officials. Most large families are all relatives and have a relationship is suffering from mental retardation. Families with well-being economic needs can support the social development of children [4]

#### **e. Public Support for Persons with Mental Retardation**

One form of environmental roles in helping social adjustment is social support [14] Social support is a form of comfort, understanding, appreciation or support received by individuals from another person or group [15] American Association on Intellectual and Developmental Disabilities (AAID) also suggest social support is important for the development stages of individuals with mental retardation, as social support can improve the function of individual adaptive, self help, good social skills, and improve health. Provision of optimal support through a person center approach is a way to improve education, work, recreation, and the environment for persons with mental retardation.

A form of social support consistently given first and done long ago is giving iodized salt. The primary reason in general some parties give a statement with mental retardation in the village of Karang Patihan is due to lack of iodine. According to the results of research activities conducted by major universities in Indonesia said that the condition of the soil and the water in the region does not contain elements iodine altogether. Various agricultural products are produced also poor in iodine. According to [16] states that iodine deficiency is a major cause of endemic goiter and are in areas where the soil does not contain much iodine. The local district government with the health service through health centers every month to provide support social assistance in the form of a salt, which contained iodine. This routine is done almost every month, especially to people with mental retardation and citizens can not afford to buy. On health improvement activities through Posyandu Integrated Health Service Post role performed optimally in the knowledge of food supplements that meet the nutritional and complete immunization. This activity can be run regularly in doing its job in giving an attention In fact happened in the village of Karang Patihan now every year there are still generations who still have mental retardation. Even it hopes the next generation not to get mental retardation again.

A Form of social support is given materially different parties such as the aid in the form of catfish farming within the scope of household scale. The assistance is from Bank Indonesia to citizens with mental retardation and poor people who can not afford. One beneficiary is the M family. However M as beneficiaries are less concerned in developing the business in sustainability. Besides giving aid support catfish ponds for catfish, assisted by experts, it still can not continue. There are also social support is given with the aid of the governor of East Java goat for persons with mental retardation and poor families. Program assistance in the form of many cattle is managed as perceived mental retardation has many citizens who feel the pleasure of the proceeds from the sale of livestock. Social support in the form of other materials is also given assistance or renovation of residential development to the provision of home affection for people with mental retardation. The aid is obtained from a form of local authority role in East Java. Even some housing residents are renovated by the military.

#### **f. Adaptive Behavior of Persons with Mental Retardation**

Adaptive behavior can be defined as the ability of a person to assume social responsibility based on the size of the development of the age, the scene, the time it took place, as well as the norms contained where the condition of a person in the community, such as norms, government law, religion, social and cultural rights [17]. According [18] that a person with mental retardation often reception in association with peers in the developing stages, and often ignored rather than denied. Lack of acceptance from peers is generally a sign of a lack of social skills in social mental retardation.

According to [19] people with people with mental retardation may have a form of behavior that is friendly but usually only able to communicate briefly in a very concrete level. In general, can do little activities independently and often looked lethargic. Persons with mental retardation are able to do work that does not require high skills, always get a referral guidance. Such as Mesinah with mental retardation she is also active in the activities organized by the local government thorough Training Center together with the villagers of Karang Patihan to conduct skills training for local residents in making mats.

Persons with mental retardation in target communities in the village of Karang Patihan research is due to the condition of mental retardation are common in children although now the majority of old. A person with mental retardation showed intellectual abilities in adaptive behavior in not according to age so that the condition of mental retardation are less able to develop the level of skills and habits in general. The condition of a person with mental retardation has difficulties in maintaining their daily life as well as with regard to helping themselves and taking care of themselves. In addition, concerning the completion of self consists of communication and socialization related to problems in its relations with groups and individuals in the vicinity [20]

The behavior of adaptive function for persons with mental retardation is able to have an individual's ability to effectively, that can face all his need for self, which can be accepted by the social environment. The assessment criteria are helpful in explaining the ability of a person with mental retardation among others related to the functional capability of self-reliance in meeting the needs of daily life, personal responsibility with the ability to perform a task or job either activities carried out in the family and when acted upon an obligation provided by the outside, as well as the ability to perform social communicative interactions in society. Such criteria are the basis of mental retardation how to attack to get a decent place in the neighborhood.

## **CONCLUSIONS AND RECOMMENDATIONS**

### **Conclusion:**

1. The individual characteristics of giving the name of the mental retardation based on the state deviation should not growth process of a child's behavior is normal. Social status in society in the age of the aspects of the name is strongly influenced by the local culture of the local grammar. Most people assume that the families of patients with mental retardation have an unpleasant attribute of the local community as a lower-class family. These perceptions begin to change slowly with a given pattern of educating independent on each patient mental retardation although only standard for personal independence.
2. Criteria for assessment of adaptive behavior among persons with mental retardation associated with the ability of self-reliance and the ability to function in social communicative interactions in society. Such criteria are the basis of how a mental retardation gets a decent place in the neighborhood. Various aspects of the functioning of independence that formed the beginning of family support in providing teaching behaviors sequentially simple and basic routine and to foster personal responsibility as an activity for the provision of learning in their daily lives. The role of interaction of social relations within the family such as communicating effectively with the immediate family and the community by following religious activities can be a filter in negative behavior.
3. The social function of the family is the basis of the start of social learning. Fundamentally though persons with mental retardation have retardation, but the role of the family provides a positive social acceptance can be realized. Implementation of the social function of the family in a way given a responsibility that is essential

through the knowledge of how to care for themselves should normally function, trains interactive capabilities and communicative in a respectful manner and language skills locally, get right with humanity to fulfill the basic needs and biologically in the family and changes in the mindset of society towards health conditions with the presence of health facilities provided by the government rather than the more traditional priority treatment.

4. The definitive social circumstances are directly related to the economic conditions and reciprocal. Socio-economic situation in the family would have a role on the growth and development of a despite the economic conditions that are not capable of. Surrounding environment encountered in the family more widely in order to meet all the necessities of life required such as through the presence of nature in the form of community forests that provide a source of income for families with mental retardation as well as the ability of the skills of self-owned to help the household economy by training from Training Center to make handicrafts.

5. The role of the environment in providing social support can improve individual adaptive functions. Provision of optimal support through a person approach the center with assistance, either material or non-material such as medical aid, the manufacture of catfish ponds, renovation of the house to house giving affection by the local government. Increased legal identity as a society through the application of the rules of religious and social values such as participation in various community service and religious event is part of a sense of community in accepting the opening of residents with mental retardation. The support is given as a form of legality as citizens in society.

6. Developments in the social condition that occurs in children are influenced by parenting social agents. Parents as well as their close family members have responsibilities in education, upbringing to guide family members to reach a certain stage as readiness in social life. Persons with mental retardation have a very high dependence on the environment, especially their families, due to experience delays in all areas of their development. Democratic parenting can produce a characteristic of children with mental retardation is an independent, self-control, have good relationships with friends and cooperatively with others.

#### **Suggestion:**

1. Provision of social support, especially in the form of material assistance should be adjusted to the needs and conditions of each person with mental retardation; so that the development of self-reliance capability can be awakened every individual and the aid can be targeted to the needs of the community.

2. The role of cadres more optimal health educators in improving the performance of providing health care. The quantity in human resources also needs to be increased in a bid assistance to people with mental retardation. Pattern intensive assistance in changing people's minds so that people receive medical care through the ministry of health centers.

3. Extraordinary School for Mental Retardation (SLB) as an educational institution to monitor the condition of people with special needs such as persons with mental retardation. SLB role can reach out and provide character education in accordance with the level of mental retardation condition experienced by people with evaluations involving the participation of family members, especially the pattern of care provided by parents.

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